

# Herbal Appliance Degreaser

(taken from The Naturally Clean Home)-

This recipe is excellent. I really didn't think this would work, but it cuts grease on my stove *easily*.

2 cups warm water

1/4 cup Murphy's Oil Soap (you can find it next to the Old English)

Combine all ingredients in a spray bottle. Mix well. To clean, spray surface and scrub with a sponge. Wipe off with a towel or cloth.

\*depending upon how big your spray bottle is, you could double this recipe.

# All-Purpose Spray

I love this spray...I use it for almost everything...but mainly my counters!

2 cups warm water

2 tablespoons of Dr. Bronner's Citrus Magic Soap

2 tablespoons of white vinegar

8 drops of lavender oil

Combine all ingredients in a spray bottle.

# Tub Paste

Rachel Supercinski

This is a FANTASTIC cleaner. I use it for my bathtub, sink...anything grimy. Brandon rubs it on his hands to get off paint, wood stain, etc.

Squirt some peppermint (my favorite for cleaning) Dr. Bronner's soap, about 1/4 cup or more, into a sealing container. I use a cleaned, 32-ounce, plastic yogurt container.

Add about half as much water as you did soap.

Mix in baking soda, adding a little at a time until it forms a nice thick paste, about the consistency of store-bought cake frosting. If you add too much baking soda, thin it with a little water.

To use, scoop some cleaner out onto a dampened sponge and scrub your bath tub. It works amazingly well and smells so good, you'll want to eat it.

## Powder Laundry Detergent

This will do approximately 12-20 loads depending upon how soiled clothes are.

2 cups washing soda (found on the detergent isle at grocery store)

1 bar of grated Ivory soap (use your food processor- will look like feta cheese)

1 cup of Borax (use this if you have hard water especially)

Container/Jar

20 drops of essential oil (I go back and forth between 10 drops patchouli/10 drops orange and lavender/orange)

10 drops of grapefruit seed extract (GSE)

I make my detergent in my food processor:

1. cut Ivory soap bar into six pieces and crumble in food processor.
2. add the washing soda, essential oil, and GSE....process

3. add the Borax...process until mixed

## Lavender-scented Fabric Softener

(from The Naturally Clean House)

32 fl oz of vinegar

15 drops of lavender (you can use other scents if you want)

3 Tbls of (I prefer Citrus) Castile Soap- Dr. Bronners brand

Mix all ingredients in a container. Disclaimer: When the vinegar and castile soap initially combine, it will look chunky and gross! After a little while the soap will dissolve into the vinegar and it won't look gross.)

Add this to the rinse cycle in your washing machine...I use a Downey Ball.